



Solid Resources Files NI 43-101 Technical Report On the Alberta-1 Property Rare Element Pegmatites In Spain

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OTCQX: SLDRF
FRANKFURT: YRS

VANCOUVER, Dec. 15, 2011 /CNW/ - Solid Resources Ltd. ("SOLID" or the "Company") (TSX-V: SRW) (OTCQX: SLDRF) (Frankfurt: YRS) announces that further to its news release of October 25, 2011, it has filed its National Instrument 43-101 Technical Report entitled "Technical Report on the Alberta-1 Property Rare Element Pegmatites in Galicia, Spain" dated December 8, 2011, on SEDAR at <http://www.sedar.com>. The report has also been posted on the Company's website <http://www.solidresources.com>.

Solid contracted the services of Minarco-MineConsult ("MMC") from Australia to undertake an estimate of the tonnage and grades for the northernmost zone - Presqueiras and the southernmost zone - Taboazas deposits. The Technical Report was prepared for the Company by José M. Cantó Romera Ph.D., P. Geol.

The initial resource model provides a foundation for the ongoing exploration and development of the rare metal deposits in the Alberta - 1 (Doade-Presqueiras) 3,690 hectare concession in northwestern Spain.

About Solid Resources:

Solid Resources is a Canadian junior mining company focusing on the exploration and development of rare and precious metals and industrial commodities worldwide. The Company is currently quantifying the presence of tantalum, tin, lithium and other rare minerals on its property in north-western Spain. In addition, further exploratory work is being conducted on its gold, copper concession in the Province of Ayabaca in northwest Perú

Certain statements contained in this press release, including statements which are related to exploration activity and future prospects and profitability and which may contain words such as "could", "should", "expect", "believe", "will" and similar expressions and statements relating to matters that are not historical facts are forward-looking statements. Such forward-looking statements involve known and unknown risks and uncertainties which may cause the actual results, performances and/or achievements of Solid to be materially different from any future results, performances or achievements expressed or implied by such forward-looking statements. Such factors include fluctuations in the market conditions and prices of tantalum, lithium, tin, silver and other metals and related products and services; competition; political and economic conditions in countries in which Solid does business; changes in laws and regulations, including environmental regulations, to which Solid is subject, and other factors which are described in further detail in Solid's filings with the Canadian Securities Regulators.

Neither the TSX Venture Exchange nor its Regulation Services Provider accepts responsibility for the adequacy or accuracy of this release.

For further information contact:

Solid Resources.
Greg Pendura
President & CEO
Solid Resources Ltd
Ph: (780) 800-0726
www.solidresources.com

The Howard Group Inc.
Investor Relations
Dave Burwell
Ph: (403) 221-0915
Fax: (403) 237-8387
info@howardgroupinc.com
www.howardgroupinc.com